

#RelationshipGoals: Build Up

Connect:

- * What was helpful, encouraging or challenging about this week's message #RelationshipGoals: Build Up?

Study:

- * Read the following stories about Barnabas: **Acts 9:26-30**, **Acts 11:22-26**, **Acts 15:37-40**.
 - * How did Barnabas encourage/build up the church?
 - * What impact did Barnabas's words have?
 - * How determined was Barnabas to think the best about others?
- * Did Barnabas live up to his name? **Acts 4:36**
- * How can we imitate Barnabas' example?
 - * **1 Thes. 5:11** _____
 - * **Ephesians 4:29** _____
 - * **Philippians 4:8** _____
 - * **Psalm 19:14** _____

Apply:

- * Have you had a "Barnabas" in your life? How has their encouragement impacted you?
- * How could you be a "Barnabas"?
- * How might a positive shift in our thoughts and words affect our relationships?

Pray Together: Take significant time to pray together now about your relationships. Ask God to direct your thoughts and words! (Promises to claim: **Psalm 19:14; Ezekiel 36:26-27**)

Reminder: Keep praying daily for your relationships!

Sermon & Study Notes:

Further Reading

- Luke 6:41-49
- James 3
- Psalm 19